NEWHAVEN COLLEGE



Careers News - News, Resources and Events

Monday 5 August, 2024

Upcoming Events

VTAC | Applying for courses in 2024

August 6, 2024

Finishing year 12 this year? You'll apply for courses at Victorian universities, TAFE institutes, and independent tertiary colleges via VTAC, the Victorian Tertiary Admissions Centre. Join our webinar to find out more about what you need to do. Join the VTAC team for a live webinar which will cover all aspects of the VTAC application process - from finding course information and making sure you're eligible, all the way through to actually receiving an offer. You'll have the opportunity to ask questions throughout, so join us to find out everything you need to know about getting to uni, TAFE, or college next year!

Find out more

Careers in Maths Expo

August 8, 2024

With support from the Australian Mathematical Sciences Institute (AMSI), the IELLEN is excited to announce a 'Career in Maths' event targeted at year 9 and 10 students. We expect to have over 40 stallholders showcasing exciting careers to inspire students to continue studying maths (and address the decline in enrolments) in the senior years and reduce maths anxiety. Students can meet industry reps covering pathways in Actuary, Engineering, Data Analytics, Geology, Robotics, Software Engineering, Meteorology, Cellular Biology, Sports Science, Government and much, much more. Each stallholder will have a maths challenge/equation for students to complete and highlight where each pathway sits within VCE maths.

Find out more

Torrens | Melbourne Open Day 2024

August 8, 2024

Come and meet our academics and Future Student Advisors, who will be able to answer all your questions about scholarships, entry pathways and our world-class facilities. Explore our campus and find out firsthand how exciting studying in Melbourne can be.

Find out more

Code Like a Girl: Virtual Engineers Summit

August 8, 2024

The (online) destination to supercharge your tech career. We've gathered top tech companies in AU/NZ to come for this once-a-year, half-day event so you can meaningfully upskill, learn from industry pros.

Girls Day Out in STEM: Imagineering Adventure

August 10 to August 18, 2024

Get your imaginations ready to join us on our Imagineering Adventure!

This National Science Week 2024 sign up for the best metaverse adventure in cyberspace to discover so much more than just sustainability. Take the hero's path to enter our Imagineer-verse where you get to be the imagineer for a better world! There are heaps of prizes to be won during our Imagineering Adventure - stay tuned about how to get your hands on one of those cool prizes! You could win an iPad from our wonderful friends at Telstra, or the latest and greatest, coolest Ray Ban XR glasses thanks to Meta. The online event can be undertaken independently, with friends or family members, or as a school incursion for your class or even as a club activity. All our exciting challenges and engagements are either pre-recorded or embedded to create a child-safe space. If you are 10-14 years old and would like to join, simply register to book your place. If you would like your school to be involved, just ask your teacher to register your class or club.

Find out more

William Angliss | Melbourne Open Day 2024

August 10, 2024

Get ready to unleash your potential at William Angliss Institute! Connect with expert faculty members and the vibrant Angliss community. Experience a day in the life of an Angliss student and explore thrilling opportunities beyond our campus walls.

Find out more

RMIT | Open Days 2024

Brunswick: August 11, 2024

City: August 11, 2024

Explore your future university at RMIT Open Day.

- Take a tour of our campuses, you'll see everything from inspiring labs to tech-integrated learning spaces
- Catch a glimpse of what student life is like at RMIT
- Attend presentations, Q&As and more where you'll learn what it's like to study your dream course
- Meet your future employers, lecturers and current RMIT students

Find out more

AIE | Open Day

August 11, 2024

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day. This event will be held at AIE Campuses in Sydney, Melbourne, Canberra, and Adelaide from 10am to 3pm. AIE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

ACU | Melbourne Open Day 2024

August 11, 2024

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals.

Find out more

Fed Uni | Open Days 2024

Gippsland: August 11, 2024 **Berwick**: August 18, 2024

Open Day is your opportunity to explore all that Federation University and Federation TAFE has to offer you in your education journey, from extracurriculars to industry placements and everything in between.

Experience our stunning campuses and awesome facilities, join a campus tour and get the full student experience from our current students and staff.

Find out more

Charles Sturt | Albury-Wodonga Open Day 2024

August 11, 2024

What is Open Day? It's your opportunity to discover what life at Charles Sturt is all about. Open Day isn't just for students – parents and carers are welcome too!

Be inspired by our academics, explore our facilities and chat to current students about what studying with us is really like. From information sessions and campus tours to free food, entertainment and giveaways – there's something for everyone.

Find out more

Uni Melb | eMeet a Biomedical Scientist

August 12 to August 16, 2024

As part of National Science Week, the School of Biomedical Sciences at the University of Melbourne is connecting high school students with our biomedical scientists.

At the heart of multi-disciplinary healthcare teams our Biomedical Scientists are world-renowned. Their research drives the discovery of new medications, vaccines and treatments for many life-threatening diseases.

In these 20-to-30-minute Zoom meetings, our experts will help to inspire the next generation of biomedical scientists.

This is a one-of-a-kind opportunity for students to engage with passionate researchers. Discover how biomedical knowledge from the classroom translates to real-world applications.

Students in Years 9–12 from across metropolitan, regional and rural schools in Victoria are invited to ask questions such as:

- What it's like to make a major scientific discovery?
- What career pathways are available for budding young Biomedical Scientists?
- How does it feel to change the course of a person's health and life?
- How do biomedical career pathways take shape?

Find out more

Dr Karl National Science Week Q&A

August 13, 2024

As we celebrate National Science Week we are kicking off the newly formatted STEM 2024 professional learning series with Dr Karl Kruszelnicki. This year's National Science Week theme is "Species Survival – More Than Just Sustainability", so get your questions about threatened species, habitats and all manner of living things ready for Dr Karl!

This live and free event is the chance for students to ask Dr Karl the questions they have always wondered about. Dr Karl encourages curiosity and all questions from attendees are welcome!

Find out more

Quantum Victoria | Discover Engineering Experience

August 14, 2024

The Virtual Experiences showcase Engineers from different fields highlighting the importance and relevance of Engineering in our society.

Students engage with Engineers and learn about their area of Engineering and their projects through a live Virtual presentation including an interactive Q&A session.

Find out more

VTAC | Understanding special consideration (SEAS) and scholarships

August 15, 2024

Finishing year 12 this year? Join the VTAC team for a live webinar which will focus on the application process for special consideration via SEAS, the Special Entry Access Scheme. We'll also cover the VTAC application for scholarships.

You'll have the opportunity to ask questions throughout, so join us to find out everything you need to know about submitting your applications for SEAS and scholarships!

Find out more

Monash | Clayton Campus Tour

August 16, 2024

Join us for a campus tour to see and experience all Monash has on offer! Led by our enthusiastic student ambassadors, come along to ask them questions and get a taste of life at Monash. With a tour duration of approximately 90 minutes, you will tour the outside of our buildings and explore our world-class campuses. Find out more

Whitehouse Institute of Design | Melbourne Open House 2024

August 17, 2024

Are you excited by design and dreaming of a creative career? Whitehouse Institute of Design, Australia invites you to Open House, a day where you can explore our courses and the endless possibilities within the world of design. Explore your study options, meet our incredible team, and tour Whitehouse's unique facilities. Whether you're interested in Fashion Design, Interior Design or Creative Direction and Styling, this is your chance to see what makes Whitehouse has to offer.

Find out more

Deakin | Geelong Open Day 2024

August 18, 2024

We're opening our campuses in August and can't wait to see you there. Get course information, chat with your future teachers and current students, and enjoy fun entertainment.

Find out more

VU | Open Days 2024

Footscray Park: August 18, 2024 Sunshine: August 18, 2024

We can't wait to see you at one (or more) of our three exciting Open Day events!

Whether it's meeting our students and staff, finding the perfect course for you, or exploring one of our campuses, bring your whole self to VU – starting at our Open Day.

Find out more

Monash | Parkville Open Day 2024

August 18, 2024

Get ready to discover more at Monash Open Day! This is your chance to learn more about your future at Monash. With more activities repeated throughout the day, you can explore Open Day at your own pace and access key information at any time. You may even discover things you hadn't previously considered.

Visit a study area zone to hear from the course experts, tour facilities, chat with students, and take part in interactive and fun activities. Plus, get all your questions answered about our support services and how you can get involved in campus life as a student. Don't forget to explore the campus and enjoy the food, giveaways and entertainment too!

Find out more

University of Melbourne | Open Day 2024

August 18, 2024

Save the date for Open Day 2024, where you can experience university life for yourself through an exciting program of information sessions, interactive workshops and tours.

What's on at Open Day:

- Chat to our academics, Future Student teams and current students to learn more about your study options and the exciting careers they could lead to
- Get a feel for campus life by exploring the spaces you'll be learning in, including our labs, libraries, galleries and other specialist facilities
- Learn how our curriculum works, including how you can combine your passions and strengths to set yourself apart for whichever career you choose
- Explore our range of student accommodation facilities and the social activities and study support on offer.

Find out more

La Trobe | Open Days 2024

Shepparton: August 24, 2024 Bendigo: August 25, 2024

Why attend Open Day at La Trobe?

• Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.

- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus Open Day is the place to see it all.

SAE Institute | Open Day 2024, Melbourne

August 24, 2024

Come along to SAE's Open Day and find your future in creative media!

Open Day is your ticket to everything SAE – get a taste of our courses in workshops, explore activations on campus and get some hands-on experience with our state of the art facilities.

Find out more

Fed Uni | Open Days 2024

Mt Helen, Camp St & SMB: August 25, 2024

Open Day is your opportunity to explore all that Federation University and Federation TAFE has to offer you in your education journey, from extracurriculars to industry placements and everything in between.

Experience our stunning campuses and awesome facilities, join a campus tour and get the full student experience from our current students and staff.

Find out more

ACU | Ballarat Open Day 2024

August 25, 2024

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals.

Find out more

VU | City Open Day 2024

August 25, 2024

We can't wait to see you at one (or more) of our three exciting Open Day events!

Whether it's meeting our students and staff, finding the perfect course for you, or exploring one of our campuses, bring your whole self to VU – starting at our Open Day.

Find out more

Deakin | Open Day 2024, Melbourne

August 25, 2024

We're opening our campuses in August and can't wait to see you there. Get course information, chat with your future teachers and current students, and enjoy fun entertainment.

Find out more

AIM | Open Day 2024, Melbourne

August 31, 2024

Join us for Open Day, and experience everything AIM has to offer!

See our campus, get course advice, experience live performances, meet our teachers and students, and take part in activities that will give you a taste of student life here at AIM.

Whether you're ready to study now, or in five years' time, Open Day is open to all and a fantastic opportunity to discover how the Australian Institute of Music can help turn your passion for music into a career.

Find out more

Collarts | Open Day 2024

August 31, 2024

At Collarts, our Open Day is all about making this process simple and hands-on. Information sessions, workshops and the chance to chat with students, teachers and leaders are an important part of learning more about what sets us apart from the rest.

We invite you to come and experience life at Collarts: from our passion for creativity, close community, state-of-theart facilities, expert faculty, and more.

Find out more

Astrophotography Workshop

September 14, 2024

The astrophotography workshop introduces concepts that will assist both the beginner amateur and professional photographer to take stunning photographs of the night sky. Night sky photography is very different to that done in daylight. The afternoon has an array of talks given by experienced and award-winning astrophotographers, with (weather permitting) practical hands-on sessions during the evening at our registered Observatory.

Topics include an introduction to smartphone photography, timelapses, capturing the Aurora Australis, nightscape

Find out more

NIE | Future Doctors Australia, Melbourne

imaging, deep sky photography and much more.

September 27 to September 30, 2024

Gaining medical work experience is essential for young people considering a career in medicine. It provides insight into the field, helps develop skills and attributes, and provides networking opportunities. However, obtaining medical work experience can be challenging due to various restrictions such as limited opportunities, safety concerns, and confidentiality issues.

That's why NIE has developed the "Future Doctors Australia" program. It is an engaging and high-impact 4-day program that provides young people with a unique opportunity to gain medical work experience in a safe and structured environment. Participants will have the opportunity to spend time with current junior and senior medical students. They will also have the rare opportunity to spend time with more senior clinicians and various medical specialists. You will get to learn about clinical specialist's relevant fields of work, ask them questions, and learn some hands-on skills from them.

- Over 15 hours of face-to-face interaction with leading specialists and clinicians
- Meet current medical students
- Develop advanced communication and team working skills
- Create new friendships with like-minded, highly driven young individuals
- Learn about the admission process into various medical universities in Australia
- Morning tea and lunch included

Find out more

Scholarships

Márta Svéd Scholarship

Value: \$5,000 AUD **Open date:** July 19, 2024

Closing date: September 8, 2024

The Márta Svéd scholarship is an exciting opportunity established by the Discipline of Mathematical Sciences – within the School of Computer and Mathematical Sciences – to support three female undergraduate students who are looking to undertake a Bachelor of Mathematical Sciences or a Bachelor of Mathematical Sciences (Advanced) program at the University of Adelaide.

Find out more

UniSC Vice-Chancellor's Honours Scholarship

Value: \$5,000 AUD

UniSC Vice-Chancellor's Honours Scholarships are to encourage and support students commencing an Honours program, with a long-term view to enter the research field. This scholarship is intended to recognise, reward and encourage academic excellence.

Find out more

QUT Faculty of Science Scholarship for Women and Non-Binary People

Value: Up to \$10,000 AUD Closing date: January 1, 2025

This scholarship aims to support high-achieving female and non-binary students who are starting their first year of an undergraduate degree in science, mathematics or IT. The scholarship also aims to foster leadership and networking by encouraging recipients to contribute to and participate in diversity, inclusion and belonging initiatives of the Faculty of Science and student clubs. Scholarship offers will be made from mid-January 2025.

Find out more

USYD Bill and Melia Hutchinson Scholarship

Value: Up to \$8,500 AUD p.a.

No additional application is required.

Up to \$8,500 p.a. scholarships to support undergraduate students at the Faculty of Engineering and Faculty of Medicine and Health. The purpose of the MySydney Scheme and The Bill and Melia Hutchinson Scholarship is to address the educational disadvantage experienced by people living in areas affected by socio-economic disadvantage, by facilitating and supporting their participation in University of Sydney engineering or medicine and health courses.

Find out more

USYD Margaret Hamer Scholarship for Women in Engineering

Value: \$6,000 AUD **Open date:** July 1, 2024

Closing date: September 30, 2024

A \$6,000 undergraduate scholarship to encourage prospective female students with a strong academic record to pursue further studies in engineering.

Federation University 2025 Foundation GPG Scholarship

Value: \$10,000 AUD

Open date: January 6, 2025 Closing date: March 2, 2025

The Foundation GPG Scholarship is open to domestic, female or Aboriginal and/or Torres Strait Islander students undertaking one of the following courses at Federation University:

- Bachelor of Engineering, Bachelor of Information Technology
- Graduate Certificate in Community Energy & Micro Grid
- Master of Engineering Technology (Mechanical Engineering)
- Master of Engineering Technology (Renewable Energy and Electrical Power Systems)

Find out more

Study - University

Crafting the perfect personal statement

If you've been looking for scholarships, applying for jobs, or preparing university applications, you might have been asked for something called a personal statement. But what exactly is it, and how can you make yours stand out? In this blog, we're going to break it down step by step, providing tips on crafting a personal statement that showcases your unique qualities and aspirations.

Understanding the personal statement

Think of a personal statement as your chance to introduce yourself beyond numbers and grades – almost like your personal highlight reel, where you get to shine a light on who you are, what you're passionate about, and why you're a perfect fit for that scholarship, job, or university program.

Top tips for crafting a great personal statement

Let's dive into the nitty-gritty of crafting a standout personal statement. These five tips will guide you through the process and hopefully leave you feel more confident about your applications.

Be authentic

Your personal statement should be, well, personal! Don't try to be someone you're not or just write what you think people want to hear. Be true to yourself. Share your experiences, interests, and dreams in your own voice – this is your chance to let your personality shine through.

Tell your story

Your personal statement should be a mini-story about you. Start with a compelling opening that grabs the reader's attention and take them on a journey through your experiences, challenges, and achievements. Show them how these moments have shaped you and led you to where you are now.

Highlight your achievements and goals

This is your time to brag a bit (but in a humble way, of course!). Talk about your accomplishments, both inside and outside the classroom or workplace. Whether it's winning a debate competition, leading a community service

project, or overcoming a difficult situation, let your achievements speak for themselves. Don't forget to share your future goals and how this scholarship, job, or program could help you achieve them.

Be specific and concise

Avoid being too vague or generic. Provide concrete examples and anecdotes to illustrate your points. Paint a vivid picture of who you are and why you're a great fit. On the other hand, remember to keep it concise. Admissions officers and employers can have a lot of statements to read, and sometimes there are strict word limits, so you need to make every word count.

Edit, edit, edit

Once you've poured your heart onto the page, it's time to polish it up. Check for spelling and grammar errors (and don't just rely on Word to point them out for you). Read it aloud to make sure it flows smoothly. Have someone you trust, like a teacher, friend, or parent, read it and give feedback. A well-edited statement shows that you care about the details and are serious about your application.

Final thoughts and next steps

Crafting a standout personal statement might seem like a big task, but with these tips, you're well on your way. Take every opportunity, whether successful or not, as a chance to learn and grow. Even if you apply but aren't accepted, you might receive some feedback that can make your next application even better.

If you're eager to explore more about your future study and career options, take a look at some of the other blogs on our <u>website</u>. Or if you're ready to apply, you can search for <u>scholarships</u> or <u>experiences</u>.

Study Tips

How to stay focused while studying

It can be hard to stay focused when studying. From the itch to check Instagram to staying comfortable in your chair, there can be lots of distractions keeping you from getting the job done. Luckily, there are plenty of tools and tricks out there that can help you stay focused and study hard – here are of some of these methods.

Find a suitable environment

Some people find it easiest to study in complete silence, while others might like a bit of background noise. Try some different places around the house, or even in your favourite coffee shop, to see what works best for you. Regardless, there are some things that you need to have no matter where you are:

- Plenty of space and a flat surface for all your materials and tools
- An outlet to charge your devices there's nothing worse than your battery going flat in the middle of writing an assignment when you haven't saved for a while!
- A comfortable chair or standing position

Create a study ritual

Help yourself get into the mindset of study by creating a little ritual for yourself that you follow every day. Maybe you can clean your desk before you start, or go for a short walk. Having this ritual can help prepare your mind for the study to come.

Block distracting websites and apps

We're all guilty of being distracted by our Facebook or Instagram feeds when we're supposed to be doing something else. But if it's becoming a bad habit, it might be time to step it up and block those websites and delete the apps from your phone. It might be tough, but it will do wonders for your study!

Divide up and space out study sessions

Got lots of study to get through? It can seem daunting when you add it all up together. Make it less scary by dividing up your time into smaller, more manageable blocks, instead of trying to cram everything in at once.

Find the best tools

There are tons of apps and websites out there designed to help you get the most out of your study sessions. From helping you get organised, to helping you focus, to build good habits, there's something for everyone. Here's a few that could help you to get started:

- Quizlet
- <u>SimpleMind</u>
- <u>Elevate</u>
- <u>Todoist</u>
- Schooltrag

There are some other great recommendations in this video too.

Focus on skills, not grades

Learning is a skill that will last you a lifetime. Remember that while it might be important to do well on your exams and assignments, it's not the be all and end all. Building valuable study skills is important too – and feeling like you're accomplishing something just by learning can be very motivating.

Schedule downtime

You don't have to be a study machine 24/7 – in fact, trying to cram everything in non-stop will probably be more harmful than good. Make sure you have some time to relax, unwind and take care of yourself as well. It will improve your learning in the long run.

Exercise

Studying can involve a lot of sitting, and it's important that you get up and move. Even if it's just getting up from your chair every 30 minutes to have a stretch and walk to the fridge, something is better than nothing. Exercise doesn't just benefit your body – it can help reduce stress and anxiety and help you to focus better as well.

Review and adapt

Tried something that you found just wasn't working? That's okay! Adapting to your changing schedule and needs is important, so make a list of tips and techniques you found worked wonders, and things that didn't work so well. Review your list over time to see if things need a bit of a shake-up.

You can find more study and wellbeing tips on our website <u>here</u>.

Jobs & Careers

10 jobs for sporty people

Are you passionate about sports? Looking for a career that will let you stay active and engaged in the world of athletics? You're not just limited to being an athlete for a living – there are tons of jobs out there that can combine your love for sport with a fulfilling and stable profession.

Here are ten exciting jobs for sporty people just like you.

1. Personal Trainer

If you've ever been to the gym for the first time and needed a little guidance, you know the importance of a <u>personal trainer</u>. Whether they're helping people who're new to the gym figure out equipment and workout routines, or using their qualifications to boost the performance of professional athletes, personal trainers are highly respected and coveted.

As a personal trainer, you'll help clients achieve their fitness goals by designing personalised workout plans and providing counsel on exercise techniques and nutrition. Personal trainers work in gyms, fitness centres, or even as independent consultants.

2. Sports Coach

Want to work with the likes of <u>Cristiano Ronaldo</u> or <u>Serena Williams</u>? Always been the type to take on a leadership role, and enjoy supporting others? You could have the makings of a perfect sports coach. Coaches work with teams or individual athletes to develop their skills, strategy, and performance in their chosen sport.

Coaches often have backgrounds as athletes themselves and typically start by coaching at the youth or amateur level before moving up to higher levels of competition.

3. Physical Education Teacher

We all know of that one awesome P.E. teacher at school – they give us a lesson to look forward to, make sure we're getting active, and support all our physical education needs. If you want to be that inspiring individual for someone else, you could be perfect as a physical education teacher.

As a P.E. teacher, you'll motivate students to stay active and teach them about the importance of physical fitness. P.E. teachers work in schools, organising and leading sports and fitness activities.

4. Athletic Trainer

Are you someone who's into science, but also sports? Maybe you're a <u>Guardian</u> and get your kicks from helping others maintain their health and wellbeing. If this is the case, you might like to consider a career as an athletic trainer

Athletic trainers work with athletes to prevent, diagnose, and treat sports-related injuries. They often work for sports teams, schools, or healthcare facilities, providing immediate care and developing rehabilitation programs. To become an athletic trainer, you'll need a <u>degree in athletic training</u> and <u>certification</u>. Then, you'll be able to put your highly specified skills to use.

5. Sports Nutritionist

If you're into sports, you probably already know that nutrition plays a massive role in how well athletes perform. Depending on their field, athletes may need to maintain, gain, or lose weight, and as a sports nutritionist it would be your role to ensure they do this in a safe and healthy manner.

Sports nutritionists help athletes optimise their performance by designing nutrition plans tailored to their specific needs, and provide advice on diet, supplements, and hydration to ensure athletes are fuelling their bodies correctly. A degree in nutrition or dietetics, along with specialised knowledge in sports nutrition, is typically required for this role.

6. Sports Journalist

Do you love reading about sports just as much as you like watching them? Want to engage with the best of the best and bring these athletes into the public eye? If you love writing and have a passion for athletics, you might like to consider a career as a sports journalist.

As a sports journalist, you'd cover sporting events, interview athletes, and write articles or create multimedia content for newspapers, magazines, websites, or broadcast media. Plus, you'd always be up to date on the latest in sporting news, or on the sidelines so you never miss a game.

7. Sports Event Manager

Are you the friend who's always making stuff happen? Do you love attending games, and have great organisation skills? That's all in the making of a sports event manager.

Sports event managers organise and oversee sporting events, from local tournaments to international competitions. They handle logistics, marketing, sponsorships, and ensure that events run smoothly. When you're watching an awesome sporting event, or even the Olympics, know that sports event managers have a major hand in making it possible.

A <u>degree in sports management</u> or <u>event planning</u> can help you get started in this field, along with experience in organising events of any kind.

8. Sports Psychologist

Interested in psychology, but don't want to step away from the world of sport? Sport psychology combines the two in a way that's incredibly important for those on the field.

Sports psychologists work with athletes to improve their mental game, helping them manage stress, enhance focus, and overcome mental barriers. They play a crucial role in ensuring top athletes perform at their best, but the job can also extend to a variety of settings like helping children or working in clinical environments.

A degree in psychology with a focus on sports psychology, along with certification, is required for this career.

9. Fitness Instructor

Fitness instructors are a little different from personal trainers – instead of working one-on-one, they lead group exercise classes, such as aerobics, spinning, yoga, or Pilates. Their job is to create fun and engaging workouts that help participants stay motivated and reach their fitness goals.

If you're outgoing, great in groups, and love fitness, you might be the perfect fit for this job.

10. Sports marketing specialist

Do you think you'd be good at promoting your favourite team, or making people want to go to a game? If so, sports marketing might be right up your alley.

Sports marketing specialists promote teams, events, and products. They create marketing campaigns, manage social media accounts, and work on sponsorship deals to increase visibility and engagement.

If you want to pursue this career, a degree in <u>marketing</u> or <u>sports management</u> would definitely be essential. In the meantime, you could spend your time thinking about what kind of ads or promotions catch your attention the most, or coming up with new ideas.