

Newhaven College

Weekly Careers News

October 19, 2026

Events

[University of Melbourne Extension Program Information Session](#)

Organisation: University of Melbourne

Location: Online

Date: October 20, 2026

Are you looking to further your academic potential in Year 12? Join us for an online information session to learn more about the [University of Melbourne Extension Program](#).

At this session, you'll discover how this academic enrichment program will provide you with a chance to not only experience university life while still in high school, but also how to build up your academic capabilities.

This interactive session will cover:

- Benefits of studying an Extension Program subject
- Subject offerings and their delivery modes for 2027
- Eligibility and entry requirements

You will also hear from an Extension Program alum, who will share their experience and how the program helped them gain a valuable head start at university.

There'll also be an opportunity to ask the panel questions.

[Find out more](#)

[Victoria Police Careers and Career Starters Pathway Information Session](#)

Organisation: Victoria Police

Location: Victoria Police Centre

Date: October 20, 2026

We're inviting you to an exclusive Victoria Police Careers and Careers Starters Pathway Information Session – a rare chance to get an inside look into the fast-paced, challenging, and rewarding world of policing.

What to expect:

- Unlock the secrets to our recruitment process
- Discover the intensive, hands-on training at the Victoria Police Academy
- Explore career pathways beyond general duties policing
- Learn about specialist units tackling everything from major crime to community engagement
- Hear firsthand stories from those who serve and protect every day
- What is the Career Starters Pathway?
- Why Victoria Police has introduced this initiative?
- Benefits for students and school leavers and more

This is your exclusive invitation to gain behind-the-scenes access to the Victoria Police Centre – a location typically closed to the public. Don't miss your chance to experience the energy and excitement of policing like never before!

[Find out more](#)

[Deakin University Accelerate Uni at School Program – Webinar for High School Students](#)

Organisation: Deakin University

Location: Online

Date: October 21, 2026

Are you a high-achieving student ready to kick-start your university journey? [Register for our webinar on Wednesday 21 October](#) to learn how the Deakin Accelerate program can fast-track your path to university.

You'll learn how the program works, what subjects you can choose from and how completing Deakin Accelerate can give you a valuable head start towards your future degree. You'll also hear from current and past students who have taken part in the program and gained confidence, new skills and a clearer idea of where they want to go next.

Whether you already have a dream career in mind or you're still exploring your options, Deakin Accelerate is a chance to challenge yourself, try something new and take your first step into university life.

Parent, guardians and career practitioners are also welcome to join and learn how Deakin Accelerate can support students as they prepare for life after school.

[Find out more](#)

[VU Certificate IV in School Based Education Support Information Session](#)

Organisation: Victoria University

Location: Online

Date: October 22, 2026

Come to an online info session to find out about studying the Certificate IV in School Based Education Support (CHC40221) at Victoria University.

School Based Education Support courses are currently listed under the Victorian Government [Free TAFE initiative](#), which means eligible students won't pay tuition fees for the duration of their course. Material and amenities fees apply.

The sessions will cover:

- the course structure and information
- industry connections
- placement opportunities
- pathways to further study.

[Find out more](#)

[Victoria Police Career Starters Pathway Information Session Online](#)

Organisation: Victoria Police

Location: Online

Date: October 22, 2026

Join Victoria Police for an online information session introducing the Career Starters Pathway, a pilot initiative designed to create a dedicated pathway for school leavers and younger adults interested in pursuing a career in policing. This session is designed specifically for students and parents/carers who would like to learn more about the opportunities available through this exciting new program. Attendees will gain valuable insight into the pathway, recruitment process, eligibility requirements, and the support available to help aspiring applicants prepare for a future career with Victoria Police.

[Find out more](#)

[Discover Monash: Bachelor of Music](#)

Organisation: Monash University

Location: Room G11, David Derham Law Building, Monash Clayton Campus

Date: October 22, 2026

Experience where creativity, performance and professional practice come together at Discover Monash: Bachelor of Music. Explore our state-of-the-art music facilities, including performance, rehearsal and teaching spaces, and gain insight into studying music at Monash.

[Find out more](#)

Monash University Webinar – What Does My First Year in Science Look Like?

Organisation: Monash University

Location: Online

Date: October 22, 2026

Hear from our current students as they share their stories and experiences from their first year of study. We'll also take you through some handy resources to help you design your degree, from unit enrolments and majors to learning beyond the classroom, such as field trips and international experiences.

[Find out more](#)

NAS Bachelor of Fine Arts Online Information Session

Organisation: National Art School

Location: Online

Date: October 22, 2026

Interested in applying for the Bachelor of Fine Art (BFA) at the National Art School?

Join us for an online information session to find out more. The session will provide an overview of the BFA, eligibility requirements, application process and key dates, with an opportunity to ask questions.

[Find out more](#)

Victoria Police: Life at the Academy – Online Webinar

Organisation: Victoria Police

Location: Online

Date: October 28, 2026

Explore life at the Victoria Police Academy—join our online info session on 28th October 2026 for insider tips and training insights! Curious about joining Victoria Police or already in the recruitment process? Wondering what life is really like at the Academy? Don't miss this exclusive online information session—your ultimate insider guide to the Victoria Police Academy experience! Join us for a deep dive into Academy life for Police Officers, whilst touching on training for Protective Services Officers, and Police Custody Officers. Get the real scoop on what your training journey will look like, week by week. We'll break down everything from exams to fitness training, on-site accommodation to support systems—and even salary details.

This is your chance to hear firsthand from those who've been there, done that. Plus, you'll get the opportunity to ask your burning questions!

[Find out more](#)

Yr 12 & Beyond with ADHD – Webinar for Year 12 Students and Parents

Organisation: ADHD Webinars

Location: Online

Date: October 29, 2026

Designed to help Year 12 students and parents navigate the transition to tertiary study or employment with practical ADHD management strategies. It offers actionable guidance on post-school options, strengths and interests, accommodations, and setting up tailored support systems.

[Find out more](#)

CSU Online Parent Information Session

Organisation: Charles Sturt University

Location: Online

Date: November 4, 2026

As your teen starts thinking about their future, this online session is here to help you support them through one of the biggest decisions they'll make – choosing a university. Hear from experts as we guide you through key topics on processes, share tips for navigating Year 12 and the transition to university and highlight the unique opportunities available at Charles Sturt. Whether you're looking for general information about university or specific advice to assist your teen, this is your chance to ask questions and get the answers you need.

[Find out more](#)

[Procrastination & ADHD – Webinar for Year 10, 11, 12 Students and Parents](#)

Organisation: ADHD Webinars

Location: Online

Date: November 5, 2026

A practical session focusing on why ADHD brains procrastinate and how students in Years 10–12 can overcome executive dysfunction. Attendees will learn evidence-based study tools, time-management hacks, and task-initiation techniques.

[Find out more](#)

[Holmesglen Institute Open Day, November 2026](#)

Organisation: Holmesglen Institute

Location: Holmesglen Campuses

Date: November 12, 2026

Open Day is a great opportunity for you to meet with teachers, explore our campuses and study facilities, and get a feel for Holmesglen life. Our sessions include presentations, tours and Q&As – perfect for helping you map out your future study and career plans. Plus, our friendly team is also available to help you apply on the day.

[Find out more](#)

[Victoria Police: Inside the Recruitment Process – Online Webinar](#)

Organisation: Victoria Police

Location: Online

Date: November 12, 2026

Victoria Police are hosting an online information session for members of the community who are:

- thinking of starting an application to join Victoria Police
- currently going through the recruitment process and need more information
- currently in the process of completing an application

This session has been created to guide you through the steps of completing a strong application, with helpful tips and tricks that apply to each stage of the recruitment process.

[Find out more](#)

[Federation Open Day 2026, Gillies Street](#)

Organisation: Federation University

Location: Federation University, Gillies Street Campus

Date: November 18, 2026

Keen for a lifestyle change and a career working outdoors?

Our Agriculture, Horticulture and Conservation Science courses are open and will help you reskill, upskill and stand out in 2026.

Dig deep into hands-on courses in Agriculture, Horticulture, Conservation, Ecosystem Management, and free TAFE options.

Come and find out more, meet your future classmates and explore your hands-on training facilities at our Gillies Street Open Day on 18 November from 10 am to 2 pm.

What's on:

- Student-led campus tours
- Observe real classes at our hands-on learning facilities, classrooms and science labs
- Explore student support options
- Find out if you're eligible for free TAFE course funding
- Get application assistance
- Find out course info, including contact hours, assessment overview, outside class study and pre-application advice

[Find out more](#)

[La Trobe Engineering and IT Showcase 2026](#)

Organisation: La Trobe University

Location: La Trobe University, Union Hall

Date: November 18, 2026

Sponsored by industry partners, student projects will focus on innovations within the areas of engineering, computer science, IT and physics.

Our keynote speaker, Arnie Bhattacharya, is the Chief Product Officer at Nuix, a technology company specialising in investigative analytics, digital forensics, and eDiscovery software. An accomplished alumnus of the School, Arnie holds a Bachelor of Computer Systems Engineering (Honours) with a specialisation in Software and Network Engineering. The evening will be hosted by Professor Wenny Rahayu, Dean of the School of Computing, Engineering and Mathematical Sciences. The showcase is open to staff, students, employers, alumni, industry and schools.

[Find out more](#)

[CSU Online Law and Criminology Information Night](#)

Organisation: Charles Sturt University

Location: Online

Date: November 26, 2026

Join us for our information night and hear from our course directors, current students and graduates about what its like to study law and criminology at Charles Sturt. You'll get details on how to apply, industry professionals sharing their experiences about working in the sector, and info about where a career in the justice system could take you.

[Find out more](#)

[National Fashion College Styling Workshop for Ages 16+ in Melbourne](#)

Organisation: National Fashion College

Location: National Fashion College, Melbourne Campus

Date: November 28, 2026

You're officially invited to our exclusive Styling Workshop, taking place at our vibrant Melbourne campus - home to creativity, innovation, and the next generation of fashion talent.

In just one day, gain hands-on experience as you learn the foundations of professional styling from an industry-recognised expert. You'll assist on not one, but two photo shoots with a renowned fashion photographer - offering you a rare, behind-the-scenes glimpse into the fast-paced world of fashion. This is your first step towards a career in styling.

Meg Durham is a leading Melbourne-based fashion and television stylist with almost a decade of industry experience spanning celebrity, television, commercial and fashion styling. For the past six years, Meg has worked with Network 10 and Paramount across some of Australia's biggest television productions, including The Project, Have You Been Paying Attention?, MasterChef Australia, Deal or No Deal and I'm a Celebrity... Get Me Out of Here! Australia. Her work has taken her from Australian television studios to sets in South Africa, styling high-profile talent including Robert Irwin. Combining an expert eye for fashion with extensive experience styling for the camera, Meg brings National Fashion College students a rare behind-the-scenes perspective on celebrity styling, television wardrobes and the fast-paced world of fashion and entertainment.

This experience is recommended for guests aged 16 and older.

[Find out more](#)

[SAE Online Info Session: IT & Computer Science](#)

Organisation: SAE University College

Location: Online

Date: December 1, 2026

From software development and cyber security to cloud computing and AI, technology careers are evolving fast. At SAE's Online Info Session: IT & Computer Science, you'll explore our complete range of technology courses, including our new Information Technology qualifications launching in February 2027, alongside our established Computer Science and Cyber Security pathways.

[Find out more](#)

[Camp America Melbourne Job Fair](#)

Organisation: American Institute for Foreign Study Australia

Location: TBC Melbourne

Date: December 5, 2026

U.S. camps are coming to town and they're ready to meet, interview and hire. Come face-to-face with Camp Directors, explore the roles available and take a huge step towards locking in your Summer 2027 placement. Meet the camps hiring you. Connect face-to-face with Camp Directors flying in from the USA specifically to meet and hire Australian applicants. Ask questions about camp life, available roles, what they're looking for and interview directly with the people making the hiring decisions.

Explore a range of camps and roles all in one place, from waterfront and sports to performing arts, creative roles and more. Chat with different Camp Directors, compare your options and find the camp that feels like the best fit for your skills, personality and summer goals.

This isn't just an info session. You'll have the chance to interview for roles on the day and could leave with your Summer 2027 placement sorted. Meet other Camp America applicants, get support from our team and take a huge step closer to camp.

[Find out more](#)

[I've Got My Results, What Now? Webinar for Year 12 Students & Parents](#)

Organisation: myfuture

Location: Online

Date: December 15, 2026

As Year 12 results are released, many students and their carers are asking the same question: What's next? Join Tracy Ryan, Career Education Manager at myfuture, for a practical and reassuring webinar designed to help families navigate the next steps with confidence.

You'll gain insights into the range of opportunities available after Year 12, learn how to make informed decisions, and discover resources that can support a successful transition from school to further study, training, or work.

[Find out more](#)

Competitions

[The Lester Prize Youth Awards 2027](#)

Organisation: The Lester Prize

Location: Australia

Value: Up to AU\$1,000 + art supplies

Close Date: March 3, 2027

[Find out more](#)

[Wakefield Weekly Writing Competition](#)

Organisation: Wakefield Press

Location: Australia

Value: See details

Close Date: November 6, 2026

[Find out more](#)

[Not Quite Write Prize for Flash Fiction](#)

Organisation: Not Quite Write Podcast

Location: All

Value: Share of AU\$4,000 in prizes

Close Date: October 25, 2026

[Find out more](#)

University

Prerequisites and requirements, do they mean the same thing?

You've found a course that sounds perfect. Then you scroll down the course page and run into a list of terms: prerequisites, entry requirements, assumed knowledge, recommended studies. Some of them look like they mean the same thing. They don't, and knowing the difference now could change which subjects you pick at school or help you select courses you're eligible for down the track. Let's break down what each term means, and how the language changes depending on where in the world you want to study.

What is a prerequisite?

In Australia, a prerequisite is a specific school subject you must have completed before you can be offered a place in a course. Sometimes you also need to reach a minimum result in that subject.

Prerequisites are not negotiable. If a course lists one and you don't have it, your application usually won't be considered, even if your overall results are excellent.

Here's an example, say a medicine degree lists chemistry as a prerequisite. You could have a brilliant ATAR, but if you dropped Chemistry in Year 11, you won't meet the requirement for that course. The university isn't being difficult, it's telling you that the first-year subjects build directly on that subject, and you'd struggle without it.

What are entry requirements?

Entry requirements (sometimes called admission requirements) are the full set of conditions you need to meet to get into a course. Prerequisites that we talked about above, are just one part of that set. Depending on the course you're applying for and the institution, entry requirements might include:

- a minimum ATAR or selection rank
- one or more prerequisite subjects
- English language proficiency
- a portfolio, audition, interview or admissions test.

So every prerequisite is an entry requirement, but not every entry requirement is a prerequisite. A minimum ATAR, for instance, is a requirement, but it isn't tied to any one subject.

It's important to know the distinction, because a course might have no prerequisites at all and still have other things you need to provide. A design course could ask for a portfolio. A music course might want an audition. Reading the full list and understanding exactly what's expected of you before you apply gives you time to prepare.

Assumed knowledge and recommended subjects

Two more terms often appear on Australian course pages.

Assumed knowledge means the course is taught as if you already understand a subject. You can still be offered a place without having studied it in senior high school. However, you may find the first few weeks harder, and the university might suggest a bridging course to help you catch up.

Recommended studies are subjects that would be useful but aren't expected.

If you're choosing senior subjects now, it's worth knowing which of these three labels applies to the courses you're interested in. A prerequisite closes a door if you skip it. Whereas assumed knowledge and recommended subjects don't.

What these terms are called in other countries

If you're thinking about studying overseas, or you're reading this outside Australia, the same ideas exist under different names. For example Prerequisites may be called required or essential subjects or courses, and entry requirements may also be called admission requirements or university entrance.

If you're looking at courses in the UK, they'll often show a **typical offer**, such as three A level grades, with any required subjects listed alongside it. In New Zealand, University Entrance is the minimum standard for any university, and many courses then ask for a higher rank score or particular subjects on top of it.

Canadian universities use "prerequisites" in much the same way Australia does. In the US, "prerequisite" usually means something slightly different. It tends to describe a university class you must pass before you can enrol in a more advanced one, rather than a school subject needed to get in.

How to check what applies to you

Course requirements can change from year to year, so the best source is always the course page itself. A few habits will make the job easier:

- **Research *before* you choose your senior subjects.** If you're confident about the route you want to take after high school, look up two or three courses you're curious about and note any prerequisites. That way, your subject choices keep those options open. If you're still not sure, that's OK. We recommend [choosing subjects that you enjoy and keep your options open](#).
- **Read the whole entry section.** Look for the exact wording "prerequisite", "assumed knowledge" and "recommended" each mean something different. Make sure you're eligible across all areas and think you'll leave high school prepared.
- **Look at the year of entry.** Requirements are usually listed for a particular intake, so make sure you're reading the right one.
- **Ask if you're unsure.** Your careers adviser, the university's future students team or your local admissions centre can explain what a requirement means for you.

If you've already found that you're missing a prerequisite, don't panic. Many universities offer bridging courses, and there are other pathways that could still lead you to the same course or outcome.

Find out more

Once you understand the terminology, course pages become much easier to read, and you can choose your subjects with confidence.

Ready to start exploring? Browse our [university articles](#) to learn more about your study options, or check out our guide to [study pathways](#) if you're looking for another route into your course.

Skills for Work

How to make effective phone calls with confidence

Picking up the phone can feel strange if most of your conversations happen by text or email. You can't edit what you say, you can't see the other person's face, and there's not much time to think up the perfect reply. Feeling a bit nervous is completely normal, the good news is that phone calls are a communication skill, and they get easier every time you make one. Whether you're asking about a tertiary course, chasing a work experience placement, looking for a part-time job, or reaching out for help, a well-planned call can often get you answers quicker than an email. Here's how to do it.

Before you call, get prepared

Before you dial, be sure you've got why you're calling all worked out working out. Try to sum it up in one sentence, such as: "I want to find out if the café has any weekend jobs." If you can't explain it simply, the person on the other end will struggle to help you.

Next, you can jot down a few notes. You don't need a full script, just the key points and any questions you want answered. It also helps to have a few things within reach:

- a pen and paper (or a notes app) to write down names, dates and numbers
- your calendar, in case they want to book a time
- any details they might ask for, like your year level, school name or email address

Finally, choose your moment - make sure it's within their operating hours, find a quiet spot, and remember to make sure your phone is charged.

How to open the call

The first ten seconds set the tone. Say hello, give your name and explain why you're calling. For example:

It's always polite to check whether now is a good time, especially if the person sounds busy. If they put you through to someone else, simply introduce yourself again.

During the call

Make a conscious effort to speak a little more slowly than you normally would. Nerves tend to speed us up, and the other person can't read your lips or your expressions. You don't need to shout, but it's also a good idea to make sure you speak up and speak clearly - with dodgy reception and background noise you want to make sure the person you're calling can hear you OK.

Take notes as you go. Write down the name of the person you're speaking to, plus any dates, times or next steps. If you miss something, it's fine to say, "Sorry, could you repeat that?" or "How do you spell that?" Nobody expects you to have a perfect memory.

Before you hang up, repeat the important details back to them. For example: "So I'll email my CV to Sam by Friday – is that right?" This simple check might avoid mix-ups later.

If they ask you something you don't know, you don't have to make up an answer. Saying "I'm not sure, can I find out and get back to you?" shows you're honest and organised.

Ending the call well

Finish by thanking the person for their time, even if the answer wasn't the one you hoped for. A friendly close leaves a good impression, and you never know when you might call them again. Then tidy up your notes while they're still fresh.

What to do if you get voicemail

The person you need to speak to might not be available, so it's great to have a plan for voicemail too. Keep your message short and clear:

Say your number slowly, and make sure you say it twice - that helps the person at the other jotting down your number without having to replay the message. If you haven't heard back after a few days, it's fine to try again.

Tips for different types of calls

Each type of call has its own focus.

Asking about study. Have the course name ready and a short list of questions, such as entry requirements, fees, start dates or open days.

Looking for work experience. Explain what you'd like to learn, why you've selected this organisation, and when your school's placement dates are. If they can't help, ask if they know anyone who might.

Seeking work. Treat the call like a mini interview. Be ready to share your availability and one or two strengths, like being reliable or great with customers.

Asking for help. Whether you're calling a support service or your school office, it's okay to say, "I'm not sure where to start." The people answering these calls are there to guide you. If you or someone else is ever in danger, call your local emergency number straight away.

Building your confidence

Confidence comes from doing, not waiting until you feel ready. A few ideas that could help:

- **Practise first.** Run through the call with a friend or family member. Hearing yourself say the words out loud makes them feel more natural.
- **Start small.** Ordering takeaway or booking an appointment are easy ways to build up your phone skills.
- **Stand up and breathe.** Standing can help your voice sound clearer, and a slow breath before dialling helps calm your nerves.
- **Remember the bigger picture.** The person answering takes calls all day. To them, your call is completely normal.
- **Go easy on yourself.** If you stumble over a word, just keep going. Afterwards, think about one thing that went well and one thing to try next time.

Ready to pick up the phone?

Every confident caller started out feeling nervous. Prepare your notes, introduce yourself clearly and confirm the details before you hang up – then each call will feel a little easier than the last. Why not choose one call you've been putting off and make it this week?