



March 3, 2025

### Events

#### [US College Sport Scholarship Information Session](#)

**Organisation:** Study & Play USA

**Location:** Online

**Date:** March 3, 2025

This webinar is open to athletes, families, Career Counsellors, Heads of Sport, club coaches from across the globe, wanting to learn more about the US College pathway.

Why attend?

- Interested to learn more about the US College Pathway? Never heard of the NCAA before?
- Wanting to know what a scholarship actually covers?
- Intrigued by how our recruitment company can assist you with this process?
- Not sure if your grades are good enough to go to the US? Not sure if athletically you are where you need to be to get interest?

[Find out more and register](#)

#### [Victoria Police: Life at the Academy – Online Webinar](#)

**Organisation:** Victoria Police

**Location:** Online

**Date:** March 4, 2025

Victoria Police is hosting an online information session for members of the community who are interested in a career with Victoria Police but are unsure on what to expect at the Academy.

Hear from us about training at the Academy for Police Officers, Protective Services Officers, and Police Custody Officers - this includes in-depth details about what to expect each week, as well as an insight into exams and training.

[Find out more and register](#)

#### [Monash Information Evening – Caulfield](#)

**Organisation:** Monash University

**Location:** Monash Caulfield Campus

**Date:** March 4, 2025

We know that choosing a university is a big decision. Monash Information Evenings are the perfect opportunity to have your questions answered on everything you wanted to know about undergraduate study at Monash.

You'll hear about:

- our ten diverse study and discipline areas
- undergraduate course types, such as our comprehensive and specialist courses, double degrees and pathway programs
- international opportunities, including study abroad and overseas tours
- how to apply – everything you need to know about VTAC, key dates and deadlines
- scholarships and fees
- SEAS and the Monash Guarantee
- accommodation options, both on and off-campus.

[Find out more and register](#)

### [Melbourne Navy Careers Information Session](#)

**Organisation:** Australian Defence Force

**Location:** Melbourne ADF Careers Centre

**Date:** March 4, 2025

Explore the idea of a Navy career that offers mateship, time at sea and exciting new opportunities. The Navy has a diverse range of roles across many employment categories there's sure to be a role for you! Speak with current serving military personnel about career opportunities and discover your potential.

[Find out more and register](#)

### [Women In Policing – International Women's Week Event](#)

**Organisation:** Victoria Police

**Location:** Victoria Police Centre

**Date:** March 6, 2025

Welcome to the Victoria Police International Women's Week event - Women in Policing. This is a bespoke session whereby attendees will hear more about the careers, opportunities and challenges of women in Victoria Police. During the session, you will hear directly from a panel of women representing various roles and career paths within Victoria Police. They will share their personal journeys, experiences, and insights, offering invaluable perspectives on what it means to be a woman at Victoria Police. This is your chance to engage with the panel, ask burning questions, and be truly inspired by their stories of resilience, determination, and success.

[Find out more and register](#)

### [WEPTalk](#)

**Organisation:** World Education Program

**Location:** Online

**Date:** March 6, 2025

Join us online as we present information about WEP and our student exchange programs, including the best time to go, which countries offer which program, information about host families, schools, and all other things student exchange!

[Find out more and register](#)

### [Chisholm Campus Tours – Berwick](#)

**Organisation:** Chisholm Institute

**Location:** Chisholm Berwick Campus

**Date:** March 6, 2025

Join us for a campus tour and walk through our facilities. You'll be guided by a Chisholm representative who'll be able to answer your questions about campus life and our courses.

Register for a campus tour so you can:

- See our facilities
- Learn about our range of courses and the career pathways available
- Find out if a course at Chisholm is right for you

[Find out more and register](#)

### [Chisholm Campus Tours – Frankston](#)

**Organisation:** Chisholm Institute

**Location:** Chisholm Frankston Campus

**Date:** March 6, 2025

Join us for a campus tour and walk through our facilities. You'll be guided by a Chisholm representative who'll be able to answer your questions about campus life and our courses.

Register for a campus tour so you can:

- See our facilities
- Learn about our range of courses and the career pathways available
- Find out if a course at Chisholm is right for you

[Find out more and register](#)

### [Music and Sound Online Information Session](#)

**Organisation:** Melbourne Polytechnic

**Location:** Online

**Date:** March 6, 2025

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Advanced Diploma of Music - Performance
- Advanced Diploma of Music - Sound Production
- Certificate IV in Music - Sound Production
- Diploma of Music

[Find out more and register](#)

### [Screen and Media Online Information Session](#)

**Organisation:** Melbourne Polytechnic

**Location:** Online

**Date:** March 6, 2025

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Certificate IV in Screen and Media
- Advanced Diploma of Screen and Media

[Find out more and register](#)

### [Melbourne ADFA Careers Information Session](#)

**Organisation:** Australian Defence Force

**Location:** Jasper Hotel

**Date:** March 6, 2025

Start your career with a fully paid world-class UNSW degree at ADFA. You'll receive military training, plus earn a salary while you study. And when you graduate, you'll walk straight into a job – HELP debt-free.

Join us at the upcoming info session to find out how ADFA can change your life, speak with current serving military personnel and learn more about the Australian Defence Force Academy.

[Find out more and register](#)

### [Girls Day Out in STEM: 2025 March >>> Forward Fun Week](#)

**Organisation:** Girls Day Out in STEM

**Location:** Online

**Date:** March 8 to March 16, 2025

Join Girls Day Out in STEM (GDOS) for a week of fun celebrating International Women's Day!

Explore the exciting world of STEM in a safe and inspiring space designed for girls aged 10-14 (and anyone keen on STEM!). Meet amazing women in STEM, take on exciting challenges and win epic prizes – including a brand-new iPad from Telstra! Plus, check out our new Game Arcade!

- Be Inspired – Go behind the scenes in STEM industries
- Be Informed – Hear from professional STEM changemakers
- Be Awesome – Complete challenges & win prizes!

[Find out more and register](#)

### [Melbourne Defence Careers Information Session](#)

**Organisation:** Australian Defence Force

**Location:** Melbourne ADF Careers Centre

**Date:** March 11, 2025

Wondering whether a job in the Australian Defence Force (ADF) is the right fit for you?

Come along to an upcoming info session where you'll have the opportunity to ask questions and learn everything you want to know regarding job roles in the Navy, Army and Air Force.

You'll have the chance to speak with current serving members to see if an ADF career is the one for you.

[Find out more and register](#)

### [ADFA Careers Virtual Information Session](#)

**Organisation:** Australian Defence Force

**Location:** Online

**Date:** March 12, 2025

At the Australian Defence Force Academy you will receive service training while studying for your UNSW degree, and graduate as an Officer in the Australian Defence Force.

Join us for a virtual info session to find out how the Australian Defence Force Academy can change your life.

[Find out more and register](#)

### [Victoria Police: Inside the Recruitment Process – Online Webinar](#)

**Organisation:** Victoria Police

**Location:** Online

**Date:** March 12, 2025

Victoria Police are hosting an online information session for members of the community who are:

- thinking of stating an application to join Victoria Police
- currently going through the recruitment process and need more information
- currently in the process of completing an application

This session has been created to guide you through the steps of completing a strong application, with helpful tips and tricks that apply to each stage of the recruitment process. Members will be joining us from a range of areas that are involved in the recruitment process.

[Find out more and register](#)

### [Hansen Scholarship Program online information evening](#)

**Organisation:** University of Melbourne

**Location:** Online

**Date:** March 13, 2025

Talented Year 12 students, parents, careers practitioners, and other support people are invited to join us for an online information session to learn more about the University's most generous undergraduate scholarship: the Hansen Scholarship.

As a Hansen Scholar, you'll join a program that nurtures potential and provides a place where your ambition can grow, offering you access to a high-quality university education that might otherwise feel out of reach. Valued at up to \$108,000, this scholarship offers a fully-funded place to call home at Little Hall for three years. Alongside the close-knit residential community, tailored mentoring, extracurricular activities and focused financial support will set you up for success.

In this one-hour session, we'll cover:

- Eligibility and selection criteria
- Timelines and the application process
- Tips and advice on submitting a competitive application
- Benefits of the program including the fully-funded offerings of Little Hall.

You'll hear from a current Hansen Scholar who will share their experiences about the program and be available to answer your questions. A recording of the session will be made available for registrants who can not tune in on the night.

[Find out more and register](#)

### [Melbourne Air Force Careers Information Session](#)

**Organisation:** Australian Defence Force

**Location:** Melbourne ADF Careers Centre

**Date:** March 17, 2025

Reach new heights in a career with the Air Force.

You can work with advanced technology as you support the Air Force across a broad range of operations in Australia and overseas.

Head to an info session to learn more about Air Force careers in Aviation, Combat and Security, Healthcare, Trades, Cyber and much more.

[Find out more and register](#)

### [Victoria Police: Careers Information Session – Victoria Police Centre](#)

**Organisation:** Victoria Police

**Location:** Victoria Police Centre

**Date:** March 17, 2025

We are hosting an exclusive Careers Information Session for members of the community who are interested in a career with Victoria Police.

Come along and learn more about the recruitment process, training at the Police Academy, general duties policing, career pathways, specialty units and more.

[Find out more and register](#)

### [Victorian Careers & Employment Expo 2025](#)

**Organisation:** Kym Jones Exhibitions

**Location:** Melbourne Showgrounds

**Date:** March 20 to March 22, 2025

Victorian Careers & Employment Expo is open from March 20 to 22, 2025 at the Melbourne Showgrounds. The Expo will showcase over 130 organisations and employers with career opportunities for all ages. Visitor entry is free.

The event is for school students, parents, teachers, graduates, job seekers, people looking for courses and workers seeking new training and career options.

[Find out more and register](#)

### [Open Day, March 2025](#)

**Organisation:** Holmesglen Institute of TAFE

**Location:** Holmesglen Campuses

**Date:** March 20, 2025

Open Day is a great opportunity for you to meet with teachers, explore our campuses and study facilities, and get a feel for Holmesglen life. Our sessions include presentations, tours and Q&As – perfect for helping you map out your future study and career plans. Plus, our friendly team is also available to help you apply on the day.

[Find out more and register](#)

### [Career Conversations @ Home – Helping parents have positive career convos!](#)

**Organisation:** Arrive & Thrive

**Location:** Online

**Date:** March 20, 2025

Come join Tyson Day, the Co-Founder and Lead Facilitator of Arrive & Thrive, as he shares the best way to have impactful career conversations in and around your home environment that produce clarity, career discovery, and momentum. Tyson will share concepts and practices that he has learned through his 10+ years of experience in career education and the 85,000 students who have attended Arrive & Thrive workshops since 2019.

In our webinar, you can expect to learn:

- How can you positively influence your young person in their career decisions.
- How can you effectively navigate the future of work and understand your young person's options.
- How to communicate effectively through the GROW model to support your young person in career exploration.

We can't wait for you to join us!

All participants will receive a Career Conversation Kit to kick off conversations with their young person as soon as possible!

[Find out more and register](#)

### Monash Information Evening – Peninsula

**Organisation:** Monash University

**Location:** Monash Peninsula Campus

**Date:** March 25, 2025

We know that choosing a university is a big decision. Monash Information Evenings are the perfect opportunity to have your questions answered on everything you wanted to know about undergraduate study at Monash.

You'll hear about:

- our ten diverse study and discipline areas
- undergraduate course types, such as our comprehensive and specialist courses, double degrees and pathway programs
- international opportunities, including study abroad and overseas tours
- how to apply – everything you need to know about VTAC, key dates and deadlines
- scholarships and fees
- SEAS and the Monash Guarantee
- accommodation options, both on and off-campus.

[Find out more and register](#)

### Nursing Bootcamp 2025

**Organisation:** Box Hill Institute

**Location:** Box Hill Elgar, Lilydale Lakeside & City Campuses

**Date:** March 25 to March 28, 2025

Box Hill Institute is offering a 3-hour bootcamp for you to experience what being an enrolled nurse is like. If you're interested in studying the Diploma of Nursing (HLT54121), this is a great way to preview your future study and career.

What you can expect on the day:

- Learn nursing skills such as vital signs and CPR
- Experience simulated real-life nursing scenarios
- Understand the significance of hygiene and self-protection in the workplace
- Get a grasp on basic nursing terminology
- Explore potential career pathways for enrolled nurses

**Elgar Campus:** 25 March, 9.30AM to 12.30PM

**Lilydale Lakeside Campus:** 27 March, 9.30AM to 12.30PM

**City Campus:** 28 March, 9.30AM to 12.30PM

[Find out more and register](#)

### Discover ACU Ballarat: Arts and Humanities, Occupational Therapy, Physiotherapy and Teaching

**Organisation:** Australian Catholic University

**Location:** ACU Ballarat Campus

**Date:** April 10, 2025

Are you a current secondary student in year 10, 11 or 12?

Experience university life firsthand at the 2025 Discover ACU. This free event, tailored to your specific study interests, offers an in-depth look at what it is like to be a university student.

You'll have the choice of one of the following workshops:

- Arts and Humanities
- Occupational Therapy
- Physiotherapy
- Teaching

[Find out more and register](#)

### Discover ACU Ballarat: Nursing and Paramedicine

**Organisation:** Australian Catholic University

**Location:** ACU Ballarat Campus

**Date:** April 11, 2025

Are you ready to explore a career that makes a real difference and saves lives? Discover what it's like to study nursing or paramedicine at ACU Ballarat.

At this event, you'll take part in hands-on workshops to experience the practical skills required in these fields and hear firsthand from current students about their life-changing experiences.

Tour our campus and experience our state-of-the-art, fully functional simulation wards, where you'll get a behind-the-scenes look at the innovative training that makes ACU graduates highly sought after by employers.

[Find out more and register](#)

#### [Holiday Workshop – Music Theatre, Melbourne](#)

**Organisation:** Australian Institute of Music

**Location:** AIM Melbourne Campus

**Date:** April 14 to April 15, 2025

AIM's holiday workshop is designed for high school students interested in Music Theatre. Created for students in Years 9-12, the two-day Music Theatre workshops provide incredible opportunities to experience performing and being mentored by AIM's own accomplished industry professionals.

[Find out more and register](#)

#### [Holiday Workshop – Performance & Songwriting, Melbourne](#)

**Organisation:** Australian Institute of Music

**Location:** AIM Melbourne Campus

**Date:** April 16 to April 17, 2025

AIM's school holiday workshop is designed for high school students interested in music performance and songwriting. Created for students in Years 9-12, the two-day music workshops provide opportunities to experience playing, writing, and performing music, mentored by AIM's own accomplished musicians and educators.

[Find out more and register](#)

#### [VCE and Careers Expo 2025](#)

**Organisation:** Resources for Courses

**Location:** Melbourne Convention and Exhibition Centre

**Date:** May 1 to May 3, 2025

The VCE and Careers Expo 2025 features over 120 exhibitors, seminars on VCE subjects, career, employment and study advice.

On Thursday and Friday, students can attend seminars on subjects including English, Maths, Biology, Business Management, Psychology, Health and Human Development, plus presentations on subject selection for Year 10 students, information on applying through VTAC and the ATAR. Seating at the seminars is on a first come, first served basis.

[Find out more and register](#)

## Scholarships

#### [NIDA Open First Nations Subsidy](#)

**Organisation:** NIDA

**Location:** Australia

**Value:** See details

**Open Date:** January 1, 2025

**Close Date:** December 31, 2025

[Find out more](#)

## Personal Skills

### [Why you should set goals](#)

Planning for your future or just wanting to get the most out of your year? Gain long-term vision and short-term motivation by setting some goals. Whether you're thinking about subject selection, post-school pathways, gap year options, your next holiday destination, or how to get fitter and healthier, you're already forming goals. Here are some reasons why you should set goals.

### **Provide focus and find your passion**

Spending some time thinking about what you'd like to achieve in the future (either in a year, five years, or even ten years) can help you work out what's really important to you. If you care about something, you're more likely to stick with it and feel a sense of achievement when you follow through. Writing down your goals and putting an action plan in place are the first steps to finding your passion.

### **See and measure your progress**

No matter how big, challenging, or daunting your aspirations are, goals can help you break them down into manageable steps and plan ways to work around obstacles. Eventually, lots of small goals will lead you to your ultimate destination (plus, it feels good to celebrate milestones along the way).

### **Overcome procrastination**

"Know the true value of time; snatch, seize, and enjoy every moment of it. No idleness, no laziness, no procrastination: never put off till tomorrow what you can do today."

*Philip Stanhope, 4th Earl of Chesterfield*

Putting things off is so easy to do, but it means you'll probably end up achieving less.

Setting goals helps you be more accountable to yourself. Instead of brushing it off and thinking "I'll do it tomorrow", your goals will stick in your mind. If you don't complete an action or step, it might nag at you. Goals can work as a constant reminder of what you should be doing, and prompt you into action.

### **Increase your motivation**

Once you've gone through all the effort to discover, plan, and set goals, statistically there is a [much higher chance you'll be more motivated than ever](#) to see them through to the end. You don't want all that hard work to be for nothing, right?

### **Take control of your future**

Goals can help to keep you productive and preserve your sanity by making you feel a bit more in control. Planning our futures can help us to [feel less stressed](#), and even [improve our mental health](#). Despite the unknowns of the future, goal setting still has great value – so try not to get sucked into the "why bother" attitude and instead opt for making the best out of what you have to work with.

### **You can set goals anytime**

If you haven't set any goals yet, don't stress. It's never too late and there's no perfect time or deadline. You could take some time to think about what you'd like to achieve right now, or book it in for this weekend. Then you can get stuck in and start taking action once you have a bit of direction.

Make sure your goals are:

- Realistic and achievable
- Measurable
- Valuable and meaningful
- Flexible – it's OK to change your goals or milestones if they're not working out for you!

### **Find out more**

[You can find lots more resources about goal setting and skill building on our website here.](#)