

NEWHAVEN COLLEGE



Careers News - News, Resources and Events

February 9, 2026

Events

Melbourne Polytechnic Civil Engineering Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 10, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Diploma of Engineering Technology - Civil Engineering

[Find out more](#)

Melbourne Polytechnic Drama & Theatre Arts Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 10, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Diploma of Live Production and Technical Services - Costume
- Diploma of Live Production and Technical Services - Live Production
- Diploma of Screen and Media - Specialist Make-Up Services
- Diploma of Theatre Arts

[Find out more](#)

Melbourne Polytechnic Music & Sound Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 10, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Bachelor of Songwriting and Music Production

[Find out more](#)

SCCE Student Exchange Information Webinar

Organisation: Southern Cross Cultural Exchange

Location: Online

Date: February 11, 2026

Thinking about a high school exchange program? Our online session is the perfect place to start. Our webinars give you a friendly, inside look at the high school exchange experience, from living with a host family to settling into a new school and culture.

In each session, our experienced team covers:

- How the program works and the support you will receive
- What daily life looks like with a host family
- How exchange builds confidence, independence, and global awareness
- Destination options, program choices, and key steps in the process
- A live Q&A to ask any questions

Whether you are a student ready for adventure or a parent wanting clarity and reassurance, this session will leave you informed, inspired, and confident about the journey ahead.

[Find out more](#)

Get Fit with Victoria Police – Online Webinar

Organisation: Victoria Police

Location: Online

Date: February 11, 2026

Victoria Police is hosting an online information session for members of the community who are interested in finding out more about fitness with Victoria Police.

During the session, we will give tips and tricks to nail the fitness test, and discuss how fitness feeds into life on the job.

We are thrilled to showcase our newly redeveloped POLICEFIT app during the session! We will walk you through all the exciting new features and upgrades designed to enhance your fitness journey, making it easier, more engaging, and more personalised than ever before.

[Find out more](#)

Melbourne Polytechnic Screen & Media Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 12, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Certificate IV in Screen and Media
- Advanced Diploma of Screen and Media

[Find out more](#)

National Fashion College Open Day, Melbourne

Organisation: National Fashion College

Location: National Fashion College, Melbourne Campus

Date: February 12, 2026

Unlock a world of limitless possibilities at National Fashion College, where your fashion journey begins at our iconic Melbourne Campus!

Step into a realm of unmatched creativity and immerse yourself in the forefront of fashion innovation. Our pioneering courses, dynamic internship opportunities, and exclusive access to the buzz of Australian, New York, and London Fashion Weeks will propel you into the heart of the global fashion scene. Get ready to be inspired, challenged, and transformed - we can't wait to welcome you!

If these times don't suit you, you can always [book in for a private appointment or tour instead](#).

[Find out more](#)

Melbourne Polytechnic Music & Sound Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 12, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Certificate IV in Music - Sound Production
- Diploma of Music
- Advanced Diploma of Music - Performance
- Advanced Diploma of Music - Sound Production

[Find out more](#)

NFC Open House: Immersive Fashion Workshop in Melbourne

Organisation: National Fashion College

Location: National Fashion College, Melbourne Campus

Date: February 14, 2026

This hands-on experience is perfect for anyone curious about how fashion really works behind the scenes. Whether you love creativity, photography, styling, or simply want to explore something new, this session gives you a taste of the fast-paced world of fashion - no background or knowledge needed. You'll work in small, supportive teams guided by industry professionals who will show you how creative campaigns are built from concept to launch. The day begins with a warm welcome and Q&A hosted by NFC's Founder & Director, offering insights into creative careers and what makes fashion such an exciting and collaborative industry. Then, your challenge begins. Each team receives a mystery campaign brief revealing their brand and celebrity ambassador. From there, you'll rotate through three dynamic stations: Styling & Creative Direction, Photography & Art Direction and PR & Events.

No one needs to model, dress up, or have fashion experience - just bring your ideas, curiosity, and creativity. Every attendee receives a detailed campaign notebook to capture their concepts and reflections throughout the session.

The experience wraps up with a Q&A where you can ask questions, share insights, and connect directly with fashion experts.

To top it off, all participants will take home an exclusive NFC Gift Bag, filled with fashion and beauty goodies to remember the day.

Session times:

- Session 1: 9:00am - 11:30am
- Session 2: 12:00pm - 2:30pm
- Session 3: 3:00pm - 5:30pm

[Find out more](#)

Melbourne Polytechnic Civil Engineering Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 17, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Diploma of Engineering Technology - Civil Engineering

[Find out more](#)

Melbourne Polytechnic Drama & Theatre Arts Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 17, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Diploma of Live Production and Technical Services - Costume
- Diploma of Live Production and Technical Services - Live Production
- Diploma of Screen and Media - Specialist Make-Up Services
- Diploma of Theatre Arts

[Find out more](#)

Victoria Police: Bachelor of Criminology and Policing with Monash University – Online Webinar

Organisation: Victoria Police

Location: Online

Date: February 17, 2026

Are you looking for more than just a job? Want to earn a degree while setting yourself up for a rewarding career in policing?

Join Victoria Police & Monash University for an exclusive online info session designed for current and future Monash students interested in the Bachelor of Criminology & Policing degree. This is your chance to explore an exciting pathway into policing while you study!

What you'll learn:

- Career opportunities with Victoria Police
- The recruitment process (starting in your 2nd year!)
- Bachelor of Criminology & Policing course structure
- Police Academy training – what to expect
- Insights from Criminology & Policing alumni (current police members who joined through this pathway!)

[Find out more](#)

Melbourne Polytechnic Horticulture Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 18, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s):

- Certificate IV in Horticulture

[Find out more](#)

Melbourne Polytechnic Visual Arts Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 19, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s):

- Advanced Diploma of Creative Product Development

[Find out more](#)

Endeavour College Virtual Open Day

Organisation: Endeavour College of Natural Health

Location: Online

Date: February 19, 2026

Virtual open day is an opportunity to learn more about Endeavour courses and how you can start your career in Natural Health.

Discover Endeavour's natural health qualifications, explore your study options, and gain insight into career pathways in nutrition, naturopathy, acupuncture, and more.

[Find out more](#)

Melbourne Polytechnic Music & Sound Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 19, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Certificate IV in Music - Sound Production
- Diploma of Music
- Advanced Diploma of Music - Performance
- Advanced Diploma of Music - Sound Production

[Find out more](#)

Melbourne Polytechnic Screen & Media Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 19, 2026

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Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Certificate IV in Screen and Media
- Advanced Diploma of Screen and Media

[Find out more](#)

Melbourne Polytechnic Graphic Design Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 24, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s):

- Diploma of Graphic Design

[Find out more](#)

Melbourne Polytechnic Drama & Theatre Arts Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: February 24, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s):

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- Diploma of Screen and Media - Specialist Make-Up Services
- Diploma of Theatre Arts

[Find out more](#)

STEM + X: Science – Webinar for Students, Teachers & Parents

Organisation: Careers with STEM

Location: Online

Date: February 25, 2026

The world is changing so fast, but science skills are only gaining importance. There's huge demand from emerging science fields including quantum computing and genetic engineering. And existing science fields like ag science and astrophysics are transforming fast too. The question isn't 'why science', it's 'which science'?

Join Careers with STEM for a free STEM + X career webinar, supported by QUT, to hear from science aces blazing a trail from horse hoof disease to lithium ion battery tech, to growing crops in space!

[Find out more](#)

UniMelb Hansen Scholarship Program Information Session, Online

Organisation: University of Melbourne

Location: Online

Date: February 26, 2026

Talented year 12 students, parents, careers practitioners, and other support people are invited to join us for an information evening to learn more about the University's most generous undergraduate scholarship: the [Hansen Scholarship](#).

As a Hansen Scholar, you'll join a program that nurtures potential and provides a place where your ambition can grow, offering you access to a high-quality university education that might otherwise feel out of reach. Valued at up to \$108,000, this scholarship offers a fully funded place to call home at Little Hall for three years. Alongside the close-knit residential community, tailored mentoring, extracurricular activities and focused financial support will set you up for success.

In this one-hour session, we'll cover:

- Benefits of the program including the fully-funded offerings of Little Hall
- Eligibility and selection criteria
- Timelines and the application process
- Tips and advice on submitting a competitive application

You'll hear from a current Hansen Scholar who will share their experiences about the program and be available to answer your questions. A recording of the session will be made available for registrants who can not tune in on the night.

[Find out more](#)

Victoria Police: Inside the Recruitment Process – Online Webinar

Organisation: Victoria Police

Location: Online

Date: February 26, 2026

Victoria Police are hosting an online information session for members of the community who are:

- thinking of starting an application to join Victoria Police
- currently going through the recruitment process and need more information
- currently in the process of completing an application

This session has been created to guide you through the steps of completing a strong application, with helpful tips and tricks that apply to each stage of the recruitment process.

[Find out more](#)

Melbourne Polytechnic Music & Sound Online Information Session

Organisation: Melbourne Polytechnic

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Date: February 26, 2026

Find out more about the following course(s):

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- Advanced Diploma of Music - Sound Production

[Find out more](#)

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- Certificate IV in Screen and Media
- Advanced Diploma of Screen and Media

[Find out more](#)

eWC Open Day February 2026

Organisation: endota Wellness College

Location: endota Wellness College, Docklands Campus

Date: February 28, 2026

eWC invites you to come to Open Day February 2026. Learn how we get our students job-ready within Australia's largest spa network. Discover where the beauty and wellness industry can take you, chat with the team, enjoy and interactive masterclass, have your questions answered and follow your calling in Beauty Therapy.

[Find out more](#)

Victoria Police: Careers Information Session – Victoria Police Centre

Organisation: Victoria Police

Location: Victoria Police Centre

Date: March 3, 2026

We're inviting you to an exclusive Victoria Police Careers Information Session – a rare chance to get an inside look into the fast-paced, challenging, and rewarding world of policing.

What to expect:

- Unlock the secrets to our recruitment process
- Discover the intensive, hands-on training at the Victoria Police Academy
- Explore career pathways beyond general duties policing
- Learn about specialist units tackling everything from major crime to community engagement
- Hear firsthand stories from those who serve and protect every day

This is your exclusive invitation to gain behind-the-scenes access to the Victoria Police Centre – a location typically closed to the public. Don't miss your chance to experience the energy and excitement of policing like never before!

[Find out more](#)

Melbourne Polytechnic Music & Sound Online Information Session

Organisation: Melbourne Polytechnic

Location: Online

Date: March 10, 2026

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options.

Find out more about the following course(s):

- Bachelor of Songwriting and Music Production

[Find out more](#)

Holmesglen Institute Open Day, March 2026

Organisation: Holmesglen Institute

Location: Holmesglen Campuses

Date: March 12, 2026

Open Day is a great opportunity for you to meet with teachers, explore our campuses and study facilities, and get a feel for Holmesglen life. Our sessions include presentations, tours and Q&As – perfect for helping you map out your future study and career plans. Plus, our friendly team is also available to help you apply on the day.

[Find out more](#)

Victoria Police: Life at the Academy – Online Webinar

Organisation: Victoria Police

Location: Online

Date: March 12, 2026

Curious about joining Victoria Police or already in the recruitment process? Wondering what life is really like at the Academy?

Don't miss this exclusive online information session—your ultimate insider guide to the Victoria Police Academy experience!

Join us for a deep dive into Academy life for Police Officers, whilst touching on training for Protective Services Officers, and Police Custody Officers. Get the real scoop on what your training journey will look like, week by week. We'll break down everything from exams to fitness training, on-site accommodation to support systems—and even salary details.

[Find out more](#)

AIE Information Evening for Future Students, Melbourne

Organisation: Academy of Interactive Entertainment

Location: Academy of Interactive Entertainment, Melbourne Campus

Date: March 12, 2026

Discover the courses designed to get you started in game development, film, 3D animation and visual effects at the AIE Information Evening.

The evening will include presentations on different areas of industry to get into as well as information about AIE full-time and part-time courses and entry requirements. We will be showing off AIE student work and our staff and teachers will be available to chat with you about our courses and how AIE can get you into a creative career.

[Find out more](#)

AIE Information Evening for Future Students, Online

Organisation: Academy of Interactive Entertainment

Location: Online

Date: March 12, 2026

Discover the courses designed to get you started in game development, film, 3D animation and visual effects at the AIE Information Evening.

The evening will include presentations on different areas of industry to get into as well as information about AIE full-time and part-time courses and entry requirements. We will be showing off AIE student work and our staff and teachers will be available to chat with you about our courses and how AIE can get you into a creative career.

[Find out more](#)

UQ Medicine Information Evening, Online

Organisation: University of Queensland

Location: Online

Date: March 18, 2026

Attend our information session to learn about studying medicine at The University of Queensland (UQ).

Hear from UQ Medical School staff, UQ alumni and current students on the changing medical climate, how to apply for medicine at UQ, and tips for success.

What's involved:

- Learn about admission requirements and how to apply for the Doctor of Medicine (MD).
- Gain insight into UQ's MD program structure, clinical placements, learning experiences and student support.
- Explore entry pathways, including partnerships with CQUniversity and UniSQ.
- Hear from UQ Medical School academics about UQ's new medical pathway.
- Hear insights from recent graduates and current students.
- Participate in an interactive Q&A with alumni and current students.

[Find out more](#)

Victorian Careers & Employment Expo 2026

Organisation: Kym Jones Exhibitions

Location: Melbourne Showgrounds

Date: March 19 to March 21, 2026

Victorian Careers & Employment Expo is open from March 19 to 21, 2026 at the Melbourne Showgrounds. The Expo will showcase over 130 organisations and employers with career opportunities for all ages. Entry is free.

The event is for school students, parents, teachers, graduates, job seekers, people looking for courses, and workers seeking new opportunities.

The Expo is packed with free advice, where you can:

- Talk with over 130 training organisations and employers
- Gain free career advice
- Discover jobs of the future
- Talk with leading organisations about training and apprenticeships
- Experience the free career seminars
- Enjoy the "Try a Skill" Zones

If you're looking for a job, career change, or course, or you're a school student looking for a career path, you can't afford to miss the Expo.

[Find out more](#)

Griffith Pathways to Medicine Information Session, Online

Organisation: Griffith University

Location: Online

Date: March 24, 2026

Embark on your journey to a rewarding medical career at Griffith University with our Pathways to Medicine online information session.

Get clear, first-hand advice from Griffith admissions experts, medical teaching staff, and current students who have successfully navigated the same pathways - helping you understand your options and apply with confidence.

Discover all you need to know about studying medicine at Griffith, from choosing the right undergraduate degree to understanding admissions processes and pathway options.

Why attend?

- Explore the different pathways into Griffith's Doctor of Medicine
- Learn which undergraduate degrees can lead to medicine
- Understand how GUMSAA and GEMSAS are used in the selection process
- Get guidance on the Rural Priority Access Scheme
- Hear real experiences and tips from current Griffith medical students
- Ask your questions during a live Q&A session

[Find out more](#)

William Angliss Institute Discovery Day 2026, Melbourne

Organisation: William Angliss Institute

Location: William Angliss Institute, Melbourne Campus

Date: March 26, 2026

Join us for Discovery Day and explore our state-of-the-art facilities, meet our expert academics and industry trainers, and learn more about our diverse range of courses – from Certificates to Postgraduate degrees – in the specialist areas of Foods, Tourism, Hospitality, and Events.

What you learn:

- Access detailed course information
- Engage directly with Angliss staff and students and have your questions answered
- Experience our vibrant inner-city campus and facilities
- Explore career and education pathways from short course, certificates, diplomas, degrees and post graduate courses across Foods, Tourism, Hospitality, and Events

[Find out more](#)

Victoria Police: Become a Police Custody Officer – Online Webinar

Organisation: Victoria Police

Location: Online

Date: March 30, 2026

Victoria Police is hosting an online information session for members of the community who are interested in a career as a Police Custody Officer.

Hear from us about the recruitment process and training at the Police Academy. It's also your opportunity to ask questions you have about a PCO career pathway.

[Find out more](#)

ACAP Info Night, Melbourne

Organisation: ACAP University College

Location: ACAP University College, Melbourne Campus

Date: April 23, 2026

Join us on campus and discover how ACAP can help you make a real difference in the lives of others.

Find out about our degrees in psychology, social work, counselling, criminology, coaching and law, as well as the career paths available to you.

ACAP's degrees of difference have been shaping futures for over four decades. As a global leader in the vast field of applied psychology, our professionally accredited qualifications contribute to societal well-being, embodying values of integrity, equity, and social justice.

Join our on-campus info night and discover our industry-driven programs, meet our industry experts and see how ACAP can help you achieve a career that'll make a real degree of difference.

[Find out more](#)

SAE University College Info Night, Melbourne

Organisation: SAE University College

Location: SAE University College, Melbourne Campus

Date: April 23, 2026

Just make the first move in your dream career – join us at your local SAE campus for Info Night! This is your chance to get a feel for the vibe at an SAE campus. Explore our creative and technology courses, meet industry experts and chat to the campus teams about student life. You can even take a tour of our facilities and check out some of the awesome student projects on display.

[Find out more](#)

VCE and Careers Expo 2026

Organisation: Resources for Courses

Location: Melbourne Convention and Exhibition Centre

Date: April 30 to May 2, 2026

The VCE and Careers Expo 2026 is Melbourne's biggest education and career event, for 34 years connecting over a million high school students, parents, teachers, and jobseekers explore study and employment pathways. It brings together universities, TAFEs, training providers, employers, and career advisers in one location to provide practical information about courses, apprenticeships, and career options.

The event aims to support informed decision-making about future study and work choices through exhibits and VCE seminar presentations.

[Find out more](#)

ACU Talk with Occupational Therapists and Physiotherapists

Organisation: Australian Catholic University

Location: Online

Date: May 6, 2026

Curious about where your study could take you? Join our Talk with Industry Series - a range of online Q&A sessions connecting you directly with ACU students and graduates across diverse fields.

Hear authentic stories from those who've walked the path you're considering. Our alumni share real insights about their careers post-graduation, while current students offer a genuine look at campus life and coursework. Whether you're certain about your direction or just starting to explore possibilities, these conversations will provide the clarity you need.

No matter where you are in your decision-making journey, you'll gain valuable perspectives on what studying and working in your chosen field truly involves.

[Find out more](#)

BiG Day In, Melbourne

Organisation: ACS Foundation

Location: The Capitol, RMIT University

Date: May 7, 2026

Join us for the 2026 BiG Day In Melbourne @ RMIT The Capitol on Thursday 7 May to learn where a STEM career can take you. Hear from presenters from Westpac, Wisetech Global, Canstar, ADF Careers, TCS, and more to come.

[Find out more](#)

ACU Talk with Teachers and Educators

Organisation: Australian Catholic University

Location: Online

Date: May 7, 2026

Curious about where your study could take you? Join our Talk with Industry Series - a range of online Q&A sessions connecting you directly with ACU students and graduates across diverse fields.

Hear authentic stories from those who've walked the path you're considering. Our alumni share real insights about their careers post-graduation, while current students offer a genuine look at campus life and coursework. Whether you're certain about your direction or just starting to explore possibilities, these conversations will provide the clarity you need.

No matter where you are in your decision-making journey, you'll gain valuable perspectives on what studying and working in your chosen field truly involves.

[Find out more](#)

ACU Talk with Nurses, Midwives and Paramedics

Organisation: Australian Catholic University

Location: Online

Date: May 13, 2026

Curious about where your study could take you? Join our Talk with Industry Series - a range of online Q&A sessions connecting you directly with ACU students and graduates across diverse fields.

Hear authentic stories from those who've walked the path you're considering. Our alumni share real insights about their careers post-graduation, while current students offer a genuine look at campus life and coursework. Whether you're certain about your direction or just starting to explore possibilities, these conversations will provide the clarity you need.

No matter where you are in your decision-making journey, you'll gain valuable perspectives on what studying and working in your chosen field truly involves.

[Find out more](#)

ACU Talk with Law, Criminology and Business Professionals

Organisation: Australian Catholic University

Location: Online

Date: May 14, 2026

Curious about where your study could take you? Join our Talk with Industry Series - a range of online Q&A sessions connecting you directly with ACU students and graduates across diverse fields. Hear authentic stories from those who've walked the path you're considering. Our alumni share real insights about their careers post-graduation, while current students offer a genuine look at campus life and coursework. Whether you're certain about your direction or just starting to explore possibilities, these conversations will provide the clarity you need.

No matter where you are in your decision-making journey, you'll gain valuable perspectives on what studying and working in your chosen field truly involves.

[Find out more](#)

ACU Talk with Arts Students and Graduates

Organisation: Australian Catholic University

Location: Online

Date: May 20, 2026

Curious about where your study could take you? Join our Talk with Industry Series - a range of online Q&A sessions connecting you directly with ACU students and graduates across diverse fields.

Hear authentic stories from those who've walked the path you're considering. Our alumni share real insights about their careers post-graduation, while current students offer a genuine look at campus life and coursework. Whether you're certain about your direction or just starting to explore possibilities, these conversations will provide the clarity you need.

No matter where you are in your decision-making journey, you'll gain valuable perspectives on what studying and working in your chosen field truly involves.

[Find out more](#)

ACU Talk with Biomedicine and Nutrition Experts

Organisation: Australian Catholic University

Location: Online

Date: May 21, 2026

Curious about where your study could take you? Join our Talk with Industry Series - a range of online Q&A sessions connecting you directly with ACU students and graduates across diverse fields.

Hear authentic stories from those who've walked the path you're considering. Our alumni share real insights about their careers post-graduation, while current students offer a genuine look at campus life and coursework. Whether you're certain about your direction or just starting to explore possibilities, these conversations will provide the clarity you need.

No matter where you are in your decision-making journey, you'll gain valuable perspectives on what studying and working in your chosen field truly involves.

[Find out more](#)

Competitions

ASX Schools Sharemarket Game

Organisation: Australian Securities Exchange

Location: Australia, New Zealand

Value: Up to AU\$1,000

Close Date: April 20, 2026

[Find out more](#)

What Matters? Writing Competition

Organisation: The Whitlam Institute

Location: Australia

Value: AU\$1,500

Close Date: May 15, 2026

[Find out more](#)

First Jobs, Resumes & CVs

How to ask for a reference or referee

What do you need your reference for?

Before you ask someone to be a referee, it helps to be clear about the reason. Are you chasing a part-time job, starting an apprenticeship, or applying for a course? Different purposes need different types of support.

- **Work applications:** Ask your referee to highlight your reliability, teamwork skills, and experience relevant to the role.
- **Apprenticeships or training programs:** Focus on practical skills, enthusiasm, and willingness to learn.
- **Study or scholarships:** Emphasise academic achievements, leadership, or participation in extracurricular activities.

Being specific about why you need a reference makes it even easier for the person you ask to write something meaningful.

When to approach someone for a reference

Timing can make a big difference. It's best to give the person enough notice so they aren't rushed. Ideally, ask a few weeks before the reference is due.

Choose a time after you've worked with them or completed a project they can speak about, so their example is recent and relevant. Make sure it's convenient for them, and always approach politely. The easier you make it for someone else to be your referee, the better a reference you're going to get.

How to put a reference into your resume

When putting a reference into your resume there are two simple and easy approaches you can take:

1. Listing your referees directly: Include each referee's name, job title, company, phone number, and email. This can speed up the hiring process and make it easy for employers to contact them.
2. Letting employers know that "references available upon request" This protects your referees' privacy and lets you control when they are contacted. It also gives you a chance to notify them in advance, so they're prepared to provide a strong reference.

Most employers expect two to four references, though personal references are acceptable if professional ones aren't available.

Choosing the right person

- Teachers, employers, mentors, coaches
- Someone who knows your skills and work ethic
- Consider relevance to the job/course you're applying for

Not every referee is equally effective. Look for someone who knows you well, can provide specific examples of your skills or achievements, and is relevant to the role. Choosing someone suited to the opportunity increases the impact of their recommendation.

If you aren't sure who to ask around consider

- Teachers
- Employers
- Mentors
- Coaches
- Colleagues

How to ask politely and professionally

When approaching a referee, be clear about why you're asking and what the reference will be used for. You can ask in person, by email, or message, but always give them the option to decline.

Common mistakes to avoid

- Requesting a reference at the last minute Asking someone on short notice can put them under pressure and reduce the quality of their reference. Give referees enough time to prepare and provide a thoughtful recommendation.
- Choosing someone who doesn't know you well References are most effective when they can speak specifically about your skills, achievements, and character. Avoid selecting someone who cannot provide detailed insight.
- Sharing contact details without permission Always confirm that your referee is willing to be contacted and knows how their details will be used.
- Failing to provide context If referees aren't clear on the role or type of skills to highlight, their reference may not be as strong or relevant.
- Neglecting follow-up communication Keep referees informed about deadlines and the outcome of your application. Ignoring this can damage relationships or leave them unprepared.

Next Steps

Now you know how to sort out your references you can check out our other articles to see how you can write your resume more effectively [here](#).

Study Tips, Time Management

The Two-Minute Rule

Even the most organised people can feel overwhelmed by the number of tasks in a day. The Two-Minute Rule, popularised by productivity expert David Allen, offers a surprisingly simple solution: if a task takes two minutes or less, do it immediately. By completing these small actions right away, you prevent minor tasks from piling up and build a sense of momentum that allows you to tackle even larger projects more easily.

Where it works

One of this technique's greatest strengths is versatility, as it can apply to any part of your life to help keep things organised.

- **At work:** Quick emails, document filing, organising your workspace, or logging tasks.
- **At home:** Washing dishes, putting away laundry, tidying surfaces, or clearing clutter.
- **At school:** Drafting a paragraph, outlining a chapter, or opening and labelling files.

Why it works

The effectiveness of the Two-Minute Rule comes from psychology rather than the activity itself. Small tasks are easier to start, which lowers the barrier to action. Completing them immediately provides a sense of accomplishment, reinforces positive habits, and reduces the mental load of having unfinished responsibilities looming in the background.

The Two-Minute Rule is one of the easiest ways to break a task down into lots of smaller, more achievable actions. Instead of feeling overwhelmed or worrying about everything else, you focus on what can be done right now. Over time, this builds confidence and encourages consistent progress.

How to use it

For tasks that don't fit into the two minute window, the rule still plays a useful role. Instead of leaving them in the back of your mind, write them down and decide when you'll deal with them. This might mean adding them to a to-do list, picking out a time in your calendar, or setting a reminder. Over time, this habit helps your day feel more structured and keeps your workload under control.

Giving longer tasks a clear place in your schedule makes them feel more manageable and stops them from being repeatedly postponed. However, scheduling only works if you act on it.

Continually rescheduling tasks anyway can undo the benefits of the rule and bring back the same sense of overload it's designed to prevent.

1. If it's shorter than two minutes, do it now
2. Otherwise, schedule a time for later.

Useful tools

While the Two-Minute Rule doesn't require any specific tools, using an app or notebook can make sticking with it even easier. There are many time management apps for students available online and we have collected '[The 7 best time management apps for students](#)' right here for you to try. Rather than just picking a date in your calendar to complete an activity, it can help to pick a particular time to complete it, for example: next Monday from 7 to 9.

Give it a go

The Two-Minute Rule is easy to try and doesn't require any significant investment. By consistently dealing with small tasks as they arise, you can reduce stress, stay organised, and build a stronger foundation for managing larger responsibilities.

Don't worry if it doesn't suit you perfectly. Because it takes very little effort to try, experimenting with the rule is low-risk. even a few days of practice can give you a sense of whether or not it works for you.

University

What to know about Australia's latest university rankings

A new [global university ranking](#) has just been released, and it places more than two dozen Australian universities among the world's leading institutions for 2026. Published by *Time* magazine in partnership with Statista, the [ranking compares universities based](#) on "academic capacity & performance, innovation & economic impact, and global engagement."

For students thinking about where to study, the ranking can be a useful starting point. It gives a sense of how Australian universities are viewed internationally and which institutions are considered strong overall. However, it's important to remember rankings don't capture every aspect of university life, things like class sizes, student support, campus culture, and the quality of specific courses aren't included.

In other words, it's not about whether students love their classes or how many land a job quickly after graduation. It's about the wider influence a university has, how it's research, ideas, and graduates contribute to the world beyond campus.

How Australian universities performed

Australian universities performed well in the latest ranking. The University of Queensland (no. 28), University of Melbourne (no. 41), and University of Sydney (no.58) were the highest-ranked institutions in Australia. Other notable universities such as the University of New South Wales (UNSW) , Monash University, Australian National University (ANU), and the University of Western Australia (UWA) ranked in the top 200

The top 10 Australian universities in order are

1. [The University of Queensland](#)
2. [The University of Melbourne](#)
3. [The University of Sydney](#)
4. [The University of Western Australia](#)
5. [The University of New South Wales](#)
6. [The Australian National University](#)
7. [The University of Adelaide](#)
8. [Monash University](#)
9. [Curtin University](#)
10. [James Cook university](#)

Limitations of rankings

When using these rankings, it's important to remember that no ranking is perfect. This one is heavily weighted toward research impact and global collaboration, which means many smaller or more specialised universities may not rank as highly even if they offer excellent teaching or student support.

Because all rankings have inherent biases, it's important to consult multiple rankings before making any judgements. Other rankings might focus on student experience, teaching quality, or graduate employability, with different methodologies that produce very different results. It's important to understand **what is being measured** before making decisions based on numbers alone.

Global rankings also tend to favour older, research-intensive universities with international reach. While this shows the institutions' worldwide influence, it doesn't always reflect day-to-day student life.

How to use rankings when choosing a university

While rankings give a sense of global reputation, they are just one piece of the puzzle. When deciding where to study, think about how the university fits your individual goals and needs. For example:

- **Programs and courses:** Look at the specific courses you're interested in, not just the overall university ranking. Some universities specialise in particular fields which doesn't reflect in larger rankings.
- **Location and lifestyle:** Consider where you want to live, including cost of living, climate, and access to transport. Campus culture can make a big difference in your day-to-day experience.
- **Career pathways:** Research graduate outcomes in your field. Rankings show research influence, but student employment opportunities and industry connections vary by program.

Think of the ranking as a starting point, not a deciding factor. It helps you shortlist universities to research further, but you need to consider functional differences that will affect your studies and life on campus.

What this means for you

So what should students take away from this ranking? Essentially:

- Australian universities are competitive internationally, particularly in research and innovation.
- Rankings can help you see which institutions have global influence, but they don't replace first-hand research about courses, campus culture, or student support.
- Use rankings as a guide, not a rule. Consider your personal priorities, study goals, and lifestyle when choosing where to apply.

In the end, the best university for you isn't always the highest-ranked, it's the one that fits your academic interests, career plans, and the experience you want during your time at university. For a detailed description of how these rankings were created visit [Time](#) here.

Job Spotlights

How to become a Sports Team Physiotherapist

Sports Team Physiotherapists travel with athletes and teams to provide injury treatment, rehabilitation, and performance support during competitions and training camps. They work with everyone from Olympic diving squads and national shooting teams to professional golfers and touring cricket sides. If you're passionate about sports, enjoy problem-solving under pressure, and want to combine healthcare with travel, this could be an ideal career.

What skills do I need as a Sports Team Physiotherapist?

- Strong anatomy knowledge
- Excellent manual therapy skills
- Quick decision-maker
- Calm under pressure
- Outstanding communicator
- Team-oriented mindset
- Adaptable and flexible
- Sports-specific understanding

What do Sports Team Physiotherapists do?

Your day starts with pre-training assessments, checking how athletes are recovering from previous sessions or competitions. You'll tape ankles, massage tight muscles, and monitor any ongoing injuries before they head out. During training and competition, you're pitch-side or court-side, ready to respond immediately if someone gets hurt. You'll make quick decisions about whether an athlete can continue safely or needs to withdraw.

Between sessions, you run rehabilitation programs for injured athletes, guiding them through exercises and treatments to get them back to competition. You'll also work preventatively, identifying movement patterns that might lead to injury and developing programs to address them. This might mean analysing a golfer's swing mechanics, reviewing a shooter's posture, or assessing a diver's landing technique.

You collaborate constantly with coaches, sports doctors, and strength trainers to manage athlete workloads and plan training schedules. When you're travelling, you coordinate with local medical facilities if athletes need scans or specialist consultations, and you maintain detailed records of every treatment and injury throughout the season.

What kind of lifestyle could I expect?

Sports Team Physiotherapists work across professional sporting codes, Olympic and Paralympic programs, national squads, touring teams, and individual elite athletes. Some work for sports medicine clinics that contract services to multiple teams, whilst others are employed directly by sporting organisations or work independently with individual athletes.

Your schedule revolves entirely around competition calendars and training camps. During competitive seasons, you'll travel regularly—sometimes weekly for football or basketball, or for extended tours with cricket or rugby teams. Individual sport physiotherapists might accompany golfers or tennis players on international circuits for months at a time. Between competitive periods, you'll typically work from a training facility with more regular hours, focusing on rehabilitation and preparation.

The work is physically demanding—you're on your feet for long periods, often working in outdoor conditions or cramped spaces. Hours are irregular, including early mornings for pre-game preparation, late nights after matches, and being on-call during tours. Most Sports Team Physiotherapists earn above-average salaries, particularly with elite teams, and this helps offset the demanding schedule. The role offers high job satisfaction and strong future growth prospects as sports medicine becomes increasingly sophisticated.

How to become a Sports Team Physiotherapist

1. Complete a physiotherapy degree Start with a four-year Bachelor of Physiotherapy or complete a graduate-entry Master of Physiotherapy if you already have an undergraduate degree in a related field. You'll need to register with your national physiotherapy board after graduating.

2. Gain general physiotherapy experience Work in clinical settings to build your foundational skills—hospitals, private practices, or community health centres. This experience teaches you to assess injuries, develop treatment plans, and work with diverse patient groups.

3. Specialise in sports and exercise Complete additional qualifications in sports physiotherapy through postgraduate courses or specialisation programs offered by physiotherapy associations. Many physiotherapists also pursue certifications in areas like dry needling, strength and conditioning, or specific sport analysis.

4. Build sports experience Start with local or semi-professional teams, volunteer at sporting events, or work with junior representative squads. This gives you practical experience managing athletes and demonstrates your commitment to the field when applying for professional positions. From here, you could progress to head physiotherapist roles with major teams, move into high-performance director positions managing entire medical departments, specialise in particular sports or injury types, establish your own sports medicine practice, or transition into sports science research roles at universities or institutes.

What can I do right now?

If you're in high school and interested in working as a Sports Team Physiotherapist, here are some practical steps:

- Focus on biology, chemistry, and maths to prepare for physiotherapy degree requirements
- Volunteer with first aid organisations like St John Ambulance to gain medical experience and develop your ability to stay calm in emergencies
- Get involved with sports clubs as a trainer's assistant, team manager, or volunteer to understand how sporting environments work and build connections